

A woman with long dark hair, wearing a dark blazer over a striped top, stands smiling and pointing at a whiteboard. The whiteboard contains handwritten notes in blue and red ink, including the word 'Fideli' and phrases like 'help career changes or steps to land their ideal job even in a tight market' and 'Career changes Formula'. In the foreground, the backs of two audience members' heads are visible: one with curly blonde hair and another with straight blonde hair. Red wavy lines are drawn across the top right of the image.

READY FOR A CAREER CHANGE?

A new career you can enjoy

Meets your work life balance desires

Meets your income goals

KATE LANGFORD

Career Consulting. Confidence to Go Places.



CAREER CHANGE WORKSHEET

Need a change from your current situation, or seeking a career switch?

Take time to think about whether you want to change your occupation, your environment or both. Use the questions below to get clear on what you want.

What interests me in general? What do you want out of a new job or career?

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What are my likes and dislikes in my current job?

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.....

What do you want out of a new job or career?

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.....

Would I start from scratch if I had to?

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Do I need qualifications and would I do extra study if required?

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.....

What skills do you have already?

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.....

What skills are transferable?

.....
.....

What is most important to you?

- Money Job Satisfaction Hours/flexibility

What are my current commitments financially?

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.....

My next role could be...

.....

My next industry to get involved with could be...

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